



# Lesson Plan: Society, Health and Development

Time required for this lesson

# 60 minutes

## Aim of the lesson

To introduce students to the Society, Health and Development occupational sector.

## Learning outcomes

By the end of this lesson students should:

- have a greater understanding of the range of jobs in the Society, Health and Development occupational area
- have a greater knowledge of the different skills and qualities that are required to work in the Health and Social Care sector
- have a greater awareness of what is happening nationally and locally in the area of Society, Health and Development

## Resources required for this lesson

- 'Working in Essex, Southend and Thurrock - Society, Health and Development' leaflet obtained from [www.stepon.org](http://www.stepon.org)
- Picture Matching Worksheet and Answer Sheet
- Case Study Worksheet
- Society, Health and Development Quiz and Answer Sheet

## Introduction

Explain to the students that this collection of labour market leaflets has been produced by Connexions and the Learning and Skills Council. It is intended to be used as an information, advice and guidance resource to help them understand more about the trends in the labour market in Essex and to support the introduction of the new 14-19 Diplomas. Its ultimate aim is to help students with their decision-making regarding their future career plans. This lesson is all about the occupational area of Society, Health and Development and can support students who are thinking about doing the Diploma in Society, Health and Development.



## Activity 1

### How many jobs in a Hospital! (10 minutes)

Ask the class to discuss all the jobs they can think of that there are in a hospital. They can discuss this with the person they are sitting next to and you can ask each pair to name one job or you can just get the class to call out jobs as they think of them. Get somebody to write up all of the jobs on the board.

Try and get them to think about the less obvious jobs as well (e.g. admin workers, cleaners, accountants, hospital porters etc). Discuss with the class the vast range of jobs and talk about the different qualities and skills that people require to carry out these jobs. Explain how diverse the health service is and the range of opportunities available. Ask if anybody is thinking about working in this environment and what jobs they are considering.

## Activity 2

### Picture Matching (15 minutes)

#### Worksheet: Picture Matching and Answer Sheet

Working in pairs or small groups hand out 'Picture Matching Exercise Worksheet'. Explain to the class that the pictures show a range of jobs in the Health and Social Care industry. Ask the students to look at the pictures and write down the job title and then discuss and record as many skills and qualities that they think would be needed for each of the jobs.

Once the students have completed this, you can use the 'Picture Matching Answer Sheet' to go through the jobs and skills and qualities for each job with them. Get some feedback from the class about any similar skills and qualities that are required for a number of the jobs and those that are very specific for each job.

## Activity 3

### Case Studies (15 minutes)

#### Worksheet: Case Studies

Ask the class to work in groups of three people. Give each group a copy of the 'Case Studies Worksheet'. Ask the group to discuss each of the case studies and make some notes on how they are going to deal with each situation.

After about 10 minutes, go round each group and get some feedback on how they have dealt with each of the situations in the case studies.

From the discussions highlight the different skills and qualities that are required to work in the different jobs discussed in the case studies. Emphasise the importance of these skills for many of the jobs in the Health and Social Care Sector.

## Activity 4

### Society, Health and Development Quiz (15 minutes)

#### Worksheet: Society, Health and Development Quiz and Answer Sheet

Pupils will need a copy of the 'Working in Essex, Southend and Thurrock – 'Society, Health and Development' leaflet to be able to find the answers to the quiz.

The pupils can work on their own or in pairs to complete the quiz.

Give the pupils 10 minutes to complete the quiz and then spend the last five minutes going through the answers.

## Plenary (5 minutes)

Ask the students to take a couple of minutes to think of five key words that sum up what Society, Health and Development means to them. Go round the group and get each person to say one of their five key words but nobody can repeat a word that somebody has already said. See how many key words you can get. You could ask for a volunteer to write up the key words on the board as they are being called out.

End the session by going back over the aims and learning outcomes of the lesson with the students and asking them if they have any questions about anything that they have done.

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# Activity 2

## Picture Matching – Worksheet

Picture 1



Picture 2



Picture 3



Picture 4



Picture 5



Picture 6



# Activity 2

## Picture Matching – Answer Sheet

Picture 1



### Dentist • Skills and qualities:

- a caring attitude and good communication skills
- the ability to work under pressure
- academic ability in the sciences
- good manual dexterity and eyesight
- excellent powers of concentration
- leadership and managerial skills
- a reasonable level of fitness.

Picture 2



### Physiotherapist • Skills and qualities:

- the ability to communicate with all kinds of people
- dedication, enthusiasm and a positive attitude
- to be well organised
- the ability to work in a team
- tolerance, patience and tact
- well-developed powers of observation
- to be physically fit.

Picture 3



### Nursery Nurse • Skills and qualities:

- like children and enjoy being with them
- understand child development
- have endless patience
- be observant
- be lively, imaginative and creative
- have a sense of humour.

Picture 4



### Care Assistant • Skills and qualities:

- be patient, caring, reliable and responsible
- like working with older people
- be prepared to work late shifts/weekends
- respect individuals' needs and circumstances
- be fit and healthy, with stamina.

Picture 5



### Chiropodist • Skills and qualities:

- dealing with external treatments for common foot ailments
- performing minor surgery
- measuring and fitting devices for patients who need help to walk
- helping to prevent foot disorders.

Picture 6



### Nurse • Skills and qualities:

- understanding, tact and sensitivity
- the ability to work in a team
- good organisational skills
- the ability to communicate well with all people
- the ability to think things through and solve problems
- to remain calm and clear-headed when others are distressed.

## Activity 3

### Case Studies

#### Junior Doctor

A young patient needs surgery but is scared of the operation. They don't want to admit this. It's your first operation and you are called to their bedside to reassure them. It's just one hour before they are due to go into theatre. What are you going to say to the patient?

#### Dentist

An elderly lady has come to the dentist with severe toothache. It's the first time she has been to the dentist for nearly 40 years. The last time she was in the chair she had gas and hated it. It's hard to get her to stop talking about that last experience. How can you reassure her?

#### Radiographer

A middle aged man has been playing on his daughter's micro-scooter and has come off. It looks as if he has broken his ankle. He needs an X-ray and has been in A&E for almost two hours, he's missed an important meeting and he is very grumpy. How can you make him happier as you get him ready for that first X-ray?

#### Nursery Nurse

It is your first day in your new job as a nursery nurse in a reception class in an infant school. A little girl called Sophie comes over to you and she is crying. She told you that one of the other children took the toy off her that she was playing with and she wants it back. How will you deal with this situation?

## Activity 4

### Society, Health and Development Quiz - Worksheet

Using the 'Working in Essex, Southend and Thurrock Society, Health and Development' leaflet have a go at answering the questions below.

1. How many people are employed in the health sector across the UK?

2. Name some of the places where old people can be cared for?

3. What skills are in shortage in this sector?

4. What is the average annual salary for a Social Worker in the UK?

5. What are the fastest growing major occupational groups within the health sector?

6. Name some of the skills and qualities that it would be useful to have to work in the health sector?

7. How many year 11 school leavers started full-time employment or work based training in the health and social care sectors in 2006?

8. What is the website address for the Sector Skills Council for Health Work?

## Activity 4

### Society, Health and Development Quiz - Answer Sheet

Using the 'Working in Essex, Southend and Thurrock Society, Health and Development' leaflet have a go at answering the questions below.

1. How many people are employed in the health sector across the UK?

2 million

2. Name some of the places where old people can be cared for?

Hospital, residential care homes, their own homes

3. What skills are in shortage in this sector?

Clinical specialists, IT skills, communication skills, management skills

4. What is the average annual salary for a Social Worker in the UK?

£26,306

5. What are the fastest growing major occupational groups within the health sector?

Managers, senior officials and professional occupations

6. Name some of the skills and qualities that it would be useful to have to work in the health sector?

Caring, compassionate, good communication skills, listening skills, relate well to people

7. How many year 11 school leavers started full-time employment or work based training in the health and social care sectors in 2006?

91 (75 Essex, 12 Southend, 4 Thurrock)

8. What is the website address for the Sector Skills Council for Health Work?

[www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk)

## Notes